



Plano Wrestling Parents Meeting
10/5/2016

- 1) Plano expectations
- 2) Challenge matches
- 3) Holiday practices
- 4) Open mat and captain practices, Monday through Thursday from 6:30 pm to 8:00 pm
*schedule may change due to dual matches, tournaments, meetings, etc...
- 5) Schedule: Plano Sr./ Vines/ Clark
- 6) Additional mandatory practices: Vines/ Clark

Darren Cooley
Cell (817)404-7054
darren.cooley@pisd.edu

Senior Night - Jan 31 Tues
Carter Riverside (Ft. Worth)

Homecoming Wed Nov 2.



Plano Wrestling Expectations

- 1) All PISD rules and regulations will be followed according to the PISD paperwork

- 2) Coach Cooley and Coach Meger may choose to sit any wrestler out of a tournament or dual for not meeting team expectations. Team expectations may include:
 - Excessive tardiness and/or absences
 - Clark/Vines wrestlers not attending mandatory practices
 - Any wrestler that is in town not attending holiday practices. Parents must email Coach Cooley if leaving town during holidays. Holiday practices will be November 21st and 22nd and December 27th, 28th, 29th, and 30th from 9:30 a.m. to 12:30 p.m.
 - Sitting out of practices without getting treatment from trainer.

- 3) Plano wrestling will follow school policy on classroom behavior, failing grades, truancy, and behavior at any school event or function

- 4) Challenge Matches: Every 2 weeks, any wrestlers may challenge for another weight class provided it aligns with the UIL weight system. The wrestler must notify Coach Cooley at least one week in advance of the challenge. Both wrestlers must make weight within 2 pounds of the weight class and the challenger must be academically eligible the day of the challenge. The first challenge matches will be November 7th and the final challenge matches will be January 30th.

PLANO SENIOR HIGH WRESTLING 2016 - 2017 Schedule



OPPONENT	EVENT	DATE	DAY	LOCATION	WEIGH-IN	TIME	TEAM
Cougar Duals	Dual Tourn	11/12/2016	Saturday	The Colony HS	8:00 AM	9:30 AM	V, JV
Arlington Martin Tournament Arlington Martin Tournament	Tourn. Tourn.	11/18/2016 11/19/2016	Friday Saturday	Martin HS Martin HS	2:30 PM 8:00 AM	4:00-9:00 PM 9:00 AM	V, JV V, JV
Creekview	Dual	11/30/2016	Wednesday	Creekview HS	5:30 PM	6:30 PM	V, JV
R.L. Turner Tournament R.L. Turner Tournament	Tourn Tourn	12/9/2016 12/10/2016	Friday Saturday	R.L. Turner HS R.L. Turner HS	2:00PM 8:00 AM	4:00 PM 9:00 AM	V, JV V, JV
Anadarko, OK Dual Tournament Anadarko, OK Dual Tournament	Dual Tourn Dual Tourn	12/16/2016 12/17/2016	Friday Saturday	Anadarko HS Anadarko HS	5:30 PM 7:00 AM	6:30 PM 9:00 AM	V V
Lewisville	Dual	1/4/2017	Wednesday	Lewisville HS	5:00 PM	6:00 PM	V, JV
Arlington Lamar Tournament Arlington Lamar Tournament	Tourn Tourn	1/6/2017 1/7/2017	Friday Saturday	Arlington Lamar HS Arlington Lamar HS	3:00 PM V 7:30AM JV, 8:30AM V	5:00 PM 9:30AM JV, 10:00AM V	V V, JV
Richardson/Pearce/Boyd	Quad	1/10/2017	Tuesday	HOME	5:00 PM	6:00 PM	V, JV
McKinney North Dog House Duals	Dual Tourn	1/14/2017	Saturday	McKinney North HS	9:00 AM	10:00AM	V, JV
Marcus/Hebron	Tri	1/18/2017	Wednesday	Marcus HS	5:00 PM	6:00 PM	V, JV
Arlington Bowie Arlington Bowie	Tourn. Tourn.	1/27/2017 1/28/2017	Friday Saturday	Arlington Bowie HS Arlington Bowie HS	8:00 AM 8:00 AM	10:00 AM 10:00 AM	V, JV V, JV
Arlington Bowie	Dual Tourn.	2/3/2017	Friday	Arlington Bowie HS	8:00 AM	9:00 AM	V
District 8 Tournament	Tourn.	2/11/2017	Saturday	Allen HS	8:00 AM	10:00 AM	V, JV
Region II Tournament Region II Tournament	Tourn. Tourn.	2/17/2017 2/18/2017	Friday Saturday	Allen HS Allen HS	7:00 AM 10:00 AM	9:00 AM 11:30 AM	V V
UIL Texas State Wrestling Tournament UIL Texas State Wrestling Tournament	Tourn. Tourn.	2/24/2017 2/25/2017	Friday Saturday	Houston Houston	TBA TBA	TBA TBA	V V

V: Varsity; JV: Junior Varsity; G: Girls

HEAD COACH: Darren Cooley
ASST. COACH: CARSON MEGER
ATHLETIC TRAINERS: Chris Reynolds
Jackie Foley
ATHLETIC COORDINATOR: JAYDON MCCULLOUGH
PRINCIPAL: SARAH WATKINS

VINES WRESTLING 2016 - 2017 Schedule

OPONENT	EVENT	DATE	DAY	LOCATION	WEIGH-IN	TIME
McMillen/Williams	TRI	11/7/2016	Monday	Vines HS	5:30 PM	6:30 PM
The Colony Tournament	Tourn.	11/12/2016	Saturday	The Colony	8:00 AM	9:30 AM
Clark/Shepton	TRI	11/14/2016	Monday	Clark HS	5:30 PM	6:30 PM
Williams/Clark	TRI	11/28/2016	Monday	Williams HS	5:30PM	6:30PM
Jasper/Williams	TRI	12/5/2016	Monday	Jasper HS	5:30 PM	6:30 PM
R.L. Turner Tournament	Tourn.	12/10/2016	Saturday	R.L Turner HS	8:00 AM	9:00 AM
Arlington Lamar Tournament	Tourn.	1/7/2017	Saturday	Arlington Lamar	7:30 AM	9:30 AM
District JV Tournament	Tourn	2/11/2017	Saturday	Allen	8:00 AM	10:00 AM

HEAD COACH: DARREN COOLEY

CLARK WRESTLING 2016 - 2017 Schedule



OPONENT	EVENT	DATE	DAY	LOCATION	WEIGH-IN	TIME
Jasper/Shepton	TRI	11/7/2016	Monday	Jasper HS	5:30 PM	6:30 PM
The Colony Tournament	Tourn.	11/12/2016	Saturday	The Colony HS	8:00 AM	9:30 AM
Vines/Shepton	TRI	11/14/2016	Monday	Clark HS	5:30 PM	6:30 PM
Williams/Vines	TRI	11/28/2016	Monday	Williams HS	5:30PM	6:30PM
Shepton/McMillen	TRI	12/5/2016	Monday	Shepton HS	5:30 PM	6:30 PM
R.L. Turner Tournament	Tourn.	12/10/2016	Saturday	R.L. Turner HS	8:00 AM	9:00 AM
Arlington Lamar Tournament	Tourn.	1/7/2017	Saturday	Arlington Lamar	8:00 AM	9:00 AM
District JV Tournament	Tourn	2/11/2017	Saturday	Allen HS	8:00 AM	10:00 AM

HEAD COACH: DARREN COOLEY

Vines Mandatory Practices

Date		Time	Location
Sept.	26	4:30 -6:30	Vines Wrestling Room
Sept.	28	4:30 -6:30	Vines Wrestling Room
Oct.	3	4:30 -6:30	Vines Wrestling Room
Oct.	5	4:30 -6:30	Vines Wrestling Room
Oct.	12	4:30 -6:30	Vines Wrestling Room
Oct.	14	4:30 -6:30	Vines Wrestling Room
Oct.	17	4:30 -6:30	Vines Wrestling Room
Oct.	19	4:30 -6:30	Vines Wrestling Room
Oct.	21	4:30 -6:30	Vines Wrestling Room
Oct.	24	4:30 -6:30	Vines Wrestling Room
Oct.	26	4:30 -6:30	Vines Wrestling Room
Oct.	28	4:30 -6:30	Vines Wrestling Room
Nov.	2	4:30 -6:30	Vines Wrestling Room
Nov.	4	4:30 -6:30	Vines Wrestling Room
Nov.	9	4:30 -6:30	Vines Wrestling Room
Nov.	16	4:30 -6:30	Vines Wrestling Room
Nov.	21	9:00 - 12:00	Plano Sr High Wrestling Room
Nov.	22	9:00 - 12:00	Plano Sr High Wrestling Room
Nov.	23	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	26	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	27	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	28	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	29	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	30	9:00 - 12:00	Plano Sr High Wrestling Room

Clark Mandatory Practices

Date		Time	Location
Sept.	26	4:30 -6:30	Clark Wrestling Room
Sept.	28	4:30 -6:30	Clark Wrestling Room
Oct.	3	4:30 -6:30	Clark Wrestling Room
Oct.	5	4:30 -6:30	Clark Wrestling Room
Oct.	12	4:30 -6:30	Clark Wrestling Room
Oct.	14	4:30 -6:30	Clark Wrestling Room
Oct.	17	4:30 -6:30	Clark Wrestling Room
Oct.	19	4:30 -6:30	Clark Wrestling Room
Oct.	21	4:30 -6:30	Clark Wrestling Room
Oct.	24	4:30 -6:30	Clark Wrestling Room
Oct.	26	4:30 -6:30	Clark Wrestling Room
Oct.	28	4:30 -6:30	Clark Wrestling Room
Nov.	2	4:30 -6:30	Clark Wrestling Room
Nov.	4	4:30 -6:30	Clark Wrestling Room
Nov.	9	4:30 -6:30	Clark Wrestling Room
Nov.	16	4:30 -6:30	Clark Wrestling Room
Nov.	21	9:00 - 12:00	Plano Sr High Wrestling Room
Nov.	22	9:00 - 12:00	Plano Sr High Wrestling Room
Nov.	23	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	26	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	27	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	28	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	29	9:00 - 12:00	Plano Sr High Wrestling Room
Dec.	30	9:00 - 12:00	Plano Sr High Wrestling Room