



PRE-PARTICIPATION REQUIREMENTS CHECK LIST

SCHOOL:

STUDENT _____ GRADE LEVEL _____

Required Physical Examination and Medical History forms cannot be completed electronically. Copies of these forms are attached or are available online to print at: <https://planoisd.rankonesport.com>

_____ Physical Examination (Required for incoming 7th, 9th and 11th grades. A new physical is not required for incoming 8th, 10th and 12th grades if physical is on file from last year).

_____ Medical History (Required for all grades)

Required forms below are available online.

Please register at: <https://planoisd.rankonesport.com>

_____ Emergency Card

_____ Travel and Participate as a Group for the Season

_____ UIL Acknowledgement of Rules

_____ UIL Parent and Student Notification/Agreement Form-Anabolic Steroid Use and Random Steroid Testing

_____ UIL Sudden Cardiac Arrest Awareness Form

_____ UIL Concussion Acknowledgement Form

_____ Guidelines for District Extracurricular Activities

_____ General Information and Eligibility Rules

_____ Accident Insurance Coverage